



FLORIDA
State Parks
...the Real Florida



Delnor-Wiggins Pass State Park Volunteer News

March 2015

Upcoming Programs:

All programs are free with park entry fee unless otherwise stated.

BEACH COMBING

Tuesday, March 24 & 31 at 11:00 AM

Wednesday, March 18 & 25 at 9:30 AM

Join a Volunteer for a talk about beach treasures where you'll learn about sea shells, sea creatures and tidal movement. This is a great interactive event.

SUNSET YOGA

Wednesday, March 18 & 25

from 6:30 PM – 7:30 PM

Class fee is \$5 plus park entry fee.

Join instructor Candice Oligney from Green Monkey Yoga powered by Bala Vinyasa for an all-levels gentle yoga class while the sun prepares to set. Then stay to soak in and celebrate the closing rays of the day over the Gulf. Bring your yoga mat, water, a towel, and bug spray! To make a reservation and payment please call the yoga studio at 239-598-1938 or visit their website:

www.bvyoga.com.

CAST NETTING

Thursday, March 19 at 9:30 AM

All Ages, FREE with park entry fee

Become a self-sufficient fisherman by catching your own bait! Learn the basic techniques of cast netting from a Ranger. Come get your feet wet. It's fun for the whole family. Bring sunscreen and a willingness to participate.

MANGROVE WALK

Thursday, March 26 at 9:30 AM

All Ages, FREE with park entry fee

Come take a walk through the trees that help hold south Florida together! Learn about the different types of Mangrove trees and how they are vital to the health of our local ecosystem. The walk will take place in and around the mangroves so we recommend bringing shoes that can get wet, bug spray, water, sunscreen, and a towel.

News and Information:

Thank you to all our Early Field and Ranger Station Volunteers!

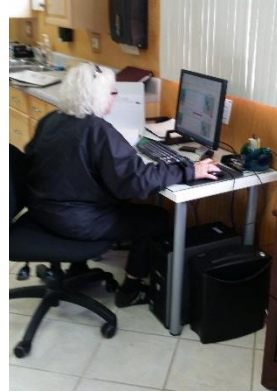
Visitation has increased significantly in the park in February and March and we have been *extremely* busy. Early Field and Ranger Station volunteers have been a huge help with park repairs, tree trimmings, traffic control, data entry, and selling annual passes. We couldn't do it all without you!



Babs Fischer & Vicki Sowinski



Bob Williams



Jacquie Lucas



Joe Gagnier



Joe Spallone



Wally Lucas



Jay Thompson

Fun was had by all on the fieldtrip to Cayo Costa State Park!

On March 11th, volunteers took a boat ride from Captiva Island out to Cayo Costa State Park and explored the barrier island for the day. Volunteers heard about the history and ecology of the park from Park Ranger Mary Olsen. They also spent their day shelling, wading in the water, and taking a short tour of the areas where fishing families and Native Americans resided.



Don't forget to visit our website: <https://www.floridastateparks.org/park/Delnor-Wiggins> and
the Friends of Delnor-Wiggins Pass State Park website: www.delnorwiggins.org
Like us on Facebook at: www.facebook.com/friends.delnorwiggins



Any questions? Contact:
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